

Bridget Carberry Montgomery



Bridget Carberry Montgomery, 44, is a wife, mother of 3 girls, small business owner, community activist and volunteer.

An Iowa native, Bridget was born in Cedar Rapids and raised in Iowa City, the daughter of Dr. J.W. and Coleen Carberry. Bridget graduated from Loyola Marymount University in Los Angeles, California with degrees in Political Science and History. She promptly returned to Iowa City and the University of Iowa to complete a graduate degree in Urban and Regional Planning with concentrations in Housing and Economic Development.

Upon graduation in May 1999, Bridget moved to Des Moines to take her dream job as a Neighborhood Planner in the City of Des Moines' Community Development Department. As a Neighborhood Planner and eventually a Senior City Planner, Bridget primarily worked with neighborhood associations developing and implementing neighborhood level action plans related to housing, infrastructure, commercial development, parks and community engagement. She is a 2002 graduate of the Greater Des Moines Leadership Institute.

In 2007 Bridget and her husband Tony, a Des Moines native, moved to Urbandale, after living in both the Beaverdale and Waterbury neighborhoods of Des Moines, to raise their growing family. They were attracted to Urbandale because of its quality schools, safe neighborhoods, excellent parks and trail system, and overall quality of life. In 2008, Bridget left her job at the City of Des Moines to focus on raising her family.

Since that time, Bridget has become increasingly involved in community activities. She served on the Urbandale Plan & Zoning Commission from 2009 until 2017, serving as the Chair in 2012. The Plan & Zoning Commission is an advisory body to the Urbandale City Council on matters related to development and zoning. She served as the Plan & Zoning Commission's representative to the City's Capital Improvement Plan (CIP) Budget Committee for several years. She also has led efforts for the development of an Aquatic Center in Walnut Creek Regional Park and in 2017 she led Friends of Urbandale Fire Station #43, which successfully advocated for the passage of a bond referendum for Urbandale's newest fire station, set to open this fall.

Bridget has served on three Waukee Community School District Boundary Committees, lending her planning expertise to help create new elementary and secondary boundaries as the district continues to grow. She has also been very active in the Walnut Hills Elementary PTO since her oldest daughter began there in 2009.

Bridget is an active volunteer at the Waukee Area Christian Services Food Pantry which serves residents of Dallas County. Through her volunteer work at the food pantry, Bridget has become an advocate for food rescue and now serves on the Board of Hunger Free Dallas County.

Bridget and Tony are also small business owners. They are part of an ownership group that operates four Orangetheory Fitness franchises in the Minneapolis area. They also own a small property management company in Urbandale.

The Montgomerys are active members of St. Boniface Catholic Church. Bridget has taught Faith Formation for several years and also serves on the Community Outreach Committee.